



Newsletter

26 March 2026

Fully Funded Activities for Eligible Families this Easter

Bookings are now open for the Here For Herefordshire Holidays programme. The HAF (Holiday Activities and Food) programme is open to children and young people (school aged 5 to 16) who receive benefits-related free school meals.

With only a few days left until the programme begins, there are still a few spaces left including Hereford FC football camp, Jam Coding sessions, 21Wellbeing training club and South Wye dance & crafts. Children and young people can enjoy up to 4 free activity sessions throughout the programme, which will run between Monday 30 March - Thursday 2 April. There will be a free, healthy meal on offer at each session.

Eligible families can book their places on the [Talk Community Directory](#). For more information on the programme contact HAF@herefordshire.gov.uk



The Here For Herefordshire Holidays programme is funded by Department for Education

Support for Households Using Heating Oil or LPG

The Government has made funding available to support low-income households who rely on heating oil or LPG and are struggling with rising energy costs. This funding is designed to help residents who are in acute need, particularly where there is a risk of losing access to heating or hot water.

If you are experiencing a heating oil crisis, for example if you cannot afford an urgent top-up due to a sudden rise in prices, you may be eligible for support through a Crisis Payment, in line with national guidance.

Residents who are digitally excluded can also access support and make an application by calling Herefordshire Council on 01432 260000 and asking to speak to customer services.

For further information or to apply by email, please visit the [Herefordshire Council website](#). If you need more help with heating oil, to reduce your running costs and get the most from your system, visit [Marches Energy Advice](#).



This scheme is funded by UK Government.

Mindfulness for Health Course

From April, St Michael's Hospice are hosting an eight week mindfulness course. The course provides a range of mindfulness and compassion-based skills designed to help individuals manage their health, reduce stress and ease the suffering associated with illness and long-term conditions. The course is open to anyone experiencing illness, chronic pain and or fatigue, whether or not they have a diagnosis, and whether their condition is recent or long-term. For more information and for details of how to apply, please visit the [St Michael's Hospice website](#).



Family Friendly Activities on the Talk Community Directory

With the Easter holidays just around the corner, you may be on the lookout for fun, family friendly activities to keep you and your family active and entertained. The good news is we have a page dedicated to Easter Holiday activities on the [Talk Community Directory](#), with new events and activities added this week. There's lots on offer across the county, from an Easter Donkey Trail, Gymnastics Taster Sessions, Chess Club and WildPlay – with many free and low cost activities included. Remember to check back as we will add new events as they come in!

If you would like to spread the word about an upcoming event in Herefordshire you can add them to our What's on Calendar in just a few simple steps. Visit the [Talk Community Directory](#) and select 'add an event or activity'.



Herefordshire Headway is heading to Ross

Herefordshire Headway is coming to Ross-on-Wye! Herefordshire Headway offer support for people living with an acquired brain injury; helping them to build confidence, develop independence and connect with others who understand.

Herefordshire Headway is coming to The Larruperz Centre, HR9 7QD on Wednesday 6 May, 10am – 12pm. Please call 01432 761000 for more information. Keep an eye on the [Talk Community Directory](#) for future events.



Stay up to date with SEND news and support

The latest Herefordshire SEND (Special Educational Needs and Disabilities) Newsletter is now available. It's full of useful updates, events, and information for families, professionals and anyone supporting children and young people with SEND.

You can read and share the newsletter [here](#).



SEND Newsletter



Herefordshire
and Worcestershire
Integrated Care System



Parent Carer
Voice
HEREFORDSHIRE



Herefordshire
Council

Protecting yourself from scams

Scams can be difficult to recognise and come in many different guises. Visit the [Talk Community Directory](#) for guidance on how to spot a scam and what to do if you think you've been scammed. There's also a link to the [Friends Against Scams website](#) which contains a handy leaflet designed by the National Trading Standards Scams Team including an easy-read version, and translated versions in several languages.

To find out more about spotting scam emails and texts visit the [National Cyber Security website](#) for up to date information and advice.



Shared Lives Carers



Our **lives** get better
when they're **shared**