



Newsletter

4 December 2025

Here for Herefordshire Holidays (HAF) Programme – Bookings Now Open!

We're excited to announce that bookings are now open for our Here for Herefordshire Holidays (HAF) Programme, returning this winter to bring festive fun, exciting activities, and tasty food for children who are eligible for benefit-related free school meals.

There's a fantastic range of activities on offer – from circus skills to coding (and plenty in between)! And the best part? Every session includes a free meal, so there's no need to bring a packed lunch. This winter, we're thrilled to welcome Ledbury Community Hub and Hereford FA to the HAF family! Their involvement means even more exciting opportunities for children across Herefordshire this winter.

Top Tips to avoid delays when booking:

- Use the name and date of birth as shown on the school register
- Children must be eligible for benefit-related free school meals (not universal free school meals)

Don't miss out – book your child's place today on the [Talk Community Directory](#).



Funded by Department for Education

Herefordshire Prostate Cancer Support Group

The Herefordshire Prostate Cancer Support Group provide guidance, resources and community for those affected by prostate cancer in Herefordshire and beyond.

Their next meeting will be held at the Ledbury Rugby Club (HR8 2LP) on Wednesday 10th December, 10.30am – 12.30pm and will be an opportunity to meet others coping with prostate cancer, to share experiences, discuss treatments and available support. Please email in advance to confirm attendance: enquiries@herefordshirepcsg.co.uk

For more information, visit the [Talk Community Directory](#).



Enjoy the Festive Season across Herefordshire

This winter, Herefordshire is full of opportunities to celebrate and connect. From family-friendly holiday activities to community meals, we've put everything you need to know on our handy Community Christmas page.

Whether it's magical trails, meeting Father Christmas, enjoying Christmas fayres, or taking part in creative workshops, there are plenty of ways to keep the whole family entertained during the holidays. If you're spending winter alone or just want to share the day with others, join one of the welcoming community lunches across the county. There are also festive craft sessions and social events to help you feel connected.

Find full details, dates, and booking information on the [Talk Community Directory](#).



Calling all Young Carers, do you want to have your voice heard?

NHS England, The Department of Health and Social Care and The Department for Education are working together to improve the lives of young carers. They want to hear from young carers across Herefordshire to ensure that everyone's voice can be heard and all young carers can be supported.

NHS England are hosting a series of workshops throughout December and January and are encouraging young carers to get involved. The workshops are taking place on the following dates: 16th December, 17th December, 6th January.

Get involved and book your space in a workshop by contacting England.NHStthinkcarer@nhs.net

Please spread the word with young carers within your community.



England

Free Online Course: Understanding Domestic Abuse

West Mercia Women's Aid is offering a free online introductory course designed to help participants gain a deeper understanding of domestic abuse and its impact. The course will run on Tuesday 9th December at 9:30am and Thursday 15th January at 9:30am.

It provides a foundation for anyone wanting to better understand domestic abuse, covering the prevalence and reality of abuse in today's society, the different types of abuse including those that are less recognised, and the myths, misconceptions and stereotypes that often surround the issue.

It also explores the far-reaching impact on victims, children and communities, offers practical advice on what to do and say to help, and explains the specialist services provided by West Mercia Women's Aid so participants leave with a clear understanding of the support available and how to access it.

To book your place, please visit [Eventbrite](#).

WEST MERCIA



WOMEN'S AID

What's new on the directory?

We've added some exciting opportunities and support services to the directory this week, some of which are ideal for winter. Whether you're looking to connect with others, learn a new skill, or get practical advice, there's something for everyone. Check out the latest additions:

[Herefordshire Prostate Support Group](#)

[Make a Willow Star - Ross Community Garden](#)

[Energy advice drop in at Fred Bulmer Centre](#)

[Marches Energy Agency Drop in at Newton Farm Community Association](#)

[Putson Stay and Play](#)

Our socials are a great way to keep in touch with what's on too, whether you're

- a [Facebook](#) fan
- tuned in to [Twitter](#)
- or instantly on [Instagram](#).

Have you heard of Shared Lives?

Our Lives get better when they're shared

Herefordshire Shared Lives is a Care Quality Commission (CQC) registered service

provided by Herefordshire Council. Shared Lives is a highly personalised form of care that supports people





TALK COMMUNITY

**BRINGING
HEREFORDSHIRE
TOGETHER**

For more updates, follow us on [Facebook](#), [Twitter](#) and [Instagram](#).

If you do not wish to receive emails from Talk Community, you can [unsubscribe](#).

Alternatively, please email talkcommunityengagement@herefordshire.gov.uk