



Newsletter

11 December 2025

We've Investing £2 Million in Community Spaces!

We're thrilled to announce that 13 fantastic community projects across Herefordshire are being awarded nearly £2 million through the Community Spaces Capital Grant Scheme! These projects will transform local spaces into welcoming, inclusive hubs where people can connect, access services, and enjoy activities that boost health and wellbeing.

From Hereford city to market towns and rural villages, each project was chosen for the unique difference it will make in its community. Work starts soon, and we can't wait to see these spaces come to life by March 2027.

For the full list of recipients and more details, visit [the Herefordshire Council website](#).



Picture: Toby Zamani at Z Motion.

Talk Community Attends HVOSS Meet the Funder Event

The Talk Community Team attended the excellent 'Meet the Funder' event arranged and hosted by HVOSS at the Salvation Army Building, Hereford. The event was well attended by around 100 Herefordshire VCSE's and Talk Community was at hand to offer both free funding advice and support as well as giving a 15-minute demonstration of our Grant Finder Tool.

If you are a VCSE operating in Herefordshire with a turnover of less than £1 million, and you would like to get free advice around how to find new grant funding opportunities to support your work, simply email TalkCommunityEnquiries@herefordshire.gov.uk with the subject: Funding Support Request.



Fully funded festive activities for eligible children – don't miss out!

We are encouraging eligible families to book their places on the Here for Herefordshire Holidays programme. Children and young people eligible for benefits related free school meals can access the programme and book up to 4 sessions over the Christmas break. There will also be a healthy meal on offer at every session attended.

There's a great choice of activities on offer; with something for everyone! Explore available activities and book your place today on the [Talk Community Directory](#).

Top Tips to avoid delays when booking:

- Use the name and date of birth as shown on the school register
- Children must be eligible for benefit-related free school meals (not universal free school meals)



The Here for Herefordshire Holidays and Activities programme is funded by the Department For Education.

Last Chance to Join Our Stop Smoking Drop-In Sessions This Year!

If you've been thinking about quitting smoking, now is the perfect time – these are the final drop-in sessions of 2025! Don't wait until January to make a change. Come along and get free, friendly support to help you kick the habit for good.

Our Health and Wellbeing Trainers are here to help, offering access to nicotine replacement therapy (NRT) and free vape kits, alongside a 12-week programme with a supportive network to keep you on track. Plus, there's no need to book, just drop in!

- Hereford – Saxon Hall | Mondays, 9am – 12pm
- Kington – The Burton Hotel | 18 December, 1pm – 3pm
- Newton Farm – Community Centre | Tuesdays, 9am – 12:30pm

Make this the year you quit – and start 2026 smoke-free! For more information, contact HLTS@herefordshire.gov.uk or call 01432 383567.

STOP SMOKING DROP-IN SESSIONS

DROP IN TO SEE ONE OF OUR HEALTH AND WELLBEING TRAINERS
AND FIND OUT HOW THEY CAN HELP – **NO NEED TO BOOK.**



ACCESS TO NRT AND
FREE VAPE KITS



12 WEEK PROGRAMME
+ SUPPORT NETWORK

HEREFORD SAXON HALL, HR2 6HE

MONDAYS, 9AM - 12PM

KINGTON THE BURTON HOTEL, HR5 3BQ

18TH DECEMBER, 1PM - 3PM

NEWTON FARM COMMUNITY, HR2 7HG

TUESDAYS, 9AM - 12:30PM

LEDBURY FOOD BANK, HR8 1AR

10TH DECEMBER, 9AM - 11AM



TALK COMMUNITY

Shaping Mental Health Services Survey – Have your say!

Herefordshire and Worcestershire Integrated Care Board (ICB) want to hear from people about their thoughts on local mental health services.

England has a new [10-Year Health Plan](#). This means there will be fewer national rules about mental health services. Local areas will now have more say in what they want and need. By working with local people and communities, NHS Herefordshire and Worcestershire can set out what is needed for mental health over the next five years.

This survey asks people what they think about local mental health services now, what has improved, and what they would like in the future. Your answers will help shape future plans and show where we need to work more with people in Herefordshire and Worcestershire.

The ICB are keen to hear from a wide range of people across Herefordshire and Worcestershire, including those who live, work, care, or receive NHS services in these areas. Especially if you have used any type of mental health service (from wellbeing and talking therapies, to hospitals and specialised clinics).

To share your experiences please visit the [Survey Monkey Page](#) before Friday 30th January 2026. The survey should take approximately 6 minutes to complete. For more information about the survey and how the ICB will use your feedback, please visit the [Herefordshire and Worcestershire Integrated Care System website](#).



Ways of Giving this Christmas

As Christmas draws closer, you may be ticking things off your to-do list. However, if you are looking for a way to give something back, then we have got it covered! We have put together a few ideas on our Christmas giving page on the [Talk Community Directory](#).



What's new on the directory?

We love seeing our directory grow with even more ways to connect, learn, and get support! If you are running any new events or services in your community and want to add them onto our directory for free, please [click here](#).

Here are some fantastic new additions you won't want to miss:

[ONSIDE](#)

[Carbon Monoxide information and advice](#)

[Peterchurch Community Choir](#)

[Chatty Café at The Hub - St Peter's](#)

[PIP Workshop Autism West Midlands](#)

[Early Prevention of Homelessness Drop Ins](#)

Our socials are a great way to keep in touch with what's on too, whether you're

- a [Facebook](#) fan
- tuned in to [Twitter](#)
- or instantly on [Instagram](#).

Have you heard of Shared Lives?

Our Lives get better when they're shared

Herefordshire Shared Lives is a Care Quality Commission (CQC) registered service provided by Herefordshire Council. Shared Lives is a highly personalised form of care that supports people





**BRINGING
HEREFORDSHIRE
TOGETHER**

For more updates, follow us on [Facebook](#), [Twitter](#) and [Instagram](#).

If you do not wish to receive emails from Talk Community, you can [unsubscribe](#).
Alternatively, please email talkcommunityengagement@herefordshire.gov.uk