



Newsletter

31 July 2025

Hello from Hector at Here For Herefordshire Holidays!

Hector, our Talk Community Mascot has been out and about this week. Hector popped along to visit some of the activities taking place on the Here for Herefordshire Holidays programme. The programme launched on Monday and will offer fully funded activities to eligible children and young people, until 22nd August.

If you, or someone you know is eligible, we are encouraging you to browse activities, check availability and get booking! Each activity includes a free, healthy meal so no need to bring a packed lunch.

If you have already booked and your child can no longer attend activities, please do be sure to cancel your booking in advance. For more information, bookings and cancellations, please visit the [Talk Community Directory](#).



The Here For Herefordshire Holidays programme is funded by UK Government.

Help shape the regeneration of Merton Meadow

Herefordshire Council is asking for your views on the future of Merton Meadow - a key gateway to Hereford and an important space for the city's growth and development.

The council is developing proposals to transform the area into a vibrant, accessible, and sustainable space, and your feedback will help shape these plans. Whether you live, work, visit, or run a business in Hereford, your input is vital to ensure the regeneration meets the needs of the whole community.

To take part in the consultation, please visit the [Herefordshire Council website](#).



Free Online Sessions: Talking About Suicide in the Media

Herefordshire and Worcestershire's Suicide Prevention Programme has funded a series of free online advice sessions delivered by Samaritans, designed for anyone who might communicate publicly about suicide.

The sessions will explore how to talk about suicide responsibly, including how to use positive storytelling to help change the conversation around mental health and suicide prevention.

You don't have to be a media or communications professional to take part - these sessions are ideal for anyone working in the voluntary sector, planning suicide prevention campaigns, or helping to share messages about the Baton of Hope Tour coming to Herefordshire on 2nd October.

Upcoming sessions take place on Tuesday 12th August from 1:30pm to 2:30pm and Tuesday 9th September from 10am to 11am.

There's no limit on places, so if in doubt, sign up! Secure your place using this [form](#).

A registered charity

SAMARITANS

Suicide in the Media Advice Session



Samaritans is the leading authority on responsible reporting and portrayal of suicide and produced its first media guidelines in 1994. The importance of our media guidelines has been widely recognised. They are referenced in the cross-government suicide prevention strategy and our media advisory service is recognised as the mechanism for delivery of this strand of the strategy. Much of our media guidelines work goes on behind the scenes out of the glare of publicity.

Suicide in the Media Advice Session includes:

- Our work with local authorities and journalists
- International research
- Suicide and contagion
- Positive storytelling and examples
- Challenges faced by local authorities and the media

 mediaadvice@samaritans.org

‘Families Prepared’ Online Emergency Awareness Session

Families are invited to join an informative online session about community resilience this coming Friday, 1st August.

The session is part of a wider programme of work aiming to build stronger, more resilient communities across Herefordshire. The Families Prepared session is designed to engage children aged 6-10 years old. Children should be joined by their responsible adult (unaccompanied children will not be admitted).

The session will help participants understand how to stay safe during emergencies, covering topics such as flooding, heatwaves and power outages. As well as exploring what community means and how young people can contribute.

The session will take place on Friday 1st August, 11am-12pm. To register your interest please visit the [Communities Prepared website](#).



New Warm Home, Healthy Futures Project in Herefordshire!

Severn Wye are thrilled to announce a brand-new project funded by National Energy Action aimed at helping people in Herefordshire with health conditions stay warm, safe, and in control of their energy bills this winter.

As many of you know, cold and damp homes can seriously worsen existing health conditions — and extreme temperatures of any kind pose real risks. That's why the Severn Wye team is now offering free home visits to support vulnerable residents and get them ready for winter.

During the visit, the expert energy advisers can offer personalised energy saving tips and advice, register clients on the Priority Services Register and much more!

To be eligible, the client simply needs to have a health condition – please ensure this is stated clearly on the referral form. To make a referral please visit the [the online form](#).



The Midlands Air Ambulance Community Hub

The Midlands Air Ambulance Charity are committed to fostering connection, creativity and collaboration in the local community. The charity host a community hub in the centre of Hereford that's perfect for hosting meetings, holding interviews, workshops or creative projects.

The good news is the hub can be hired free of charge to local people, groups and businesses (however donations to the charity are welcomed!).

To find out more, or to make a booking please visit [The Midlands Air Ambulance website](#).



Free to book!

Discover Our Hereford Community Hub

We're committed to fostering connection, creativity, and collaboration in our local community. That's why our Hereford Community Hub is a free resource for local people, groups, and businesses.

Our space is perfect for:

- Meetings or interviews
- Training sessions or workshops
- Events
- Hot desking or creative projects
- Photography or content creation





midlandsairambulance.com/communityhub


Midlands Air Ambulance Charity®
 Serving Herefordshire

What's new on the directory?

This week we've added some great new opportunities to get involved, including a free community health check at Holme Lacy Village Hall and details for National Playday in Ross-on-Wye. Don't forget that our [Summer Holiday Activities list](#) is packed with family-friendly events, and there are plenty of [WOW activities](#) to explore too.

[Hereford Say Aphasia Support Group](#)

[Free Community Health Check @Holme Lacy Village Hall](#)

[Dorstone Bowling Club](#)

[National Playday in Ross on Wye](#)

Our socials are a great way to keep in touch with what's on too, whether you're

- a [Facebook](#) fan
- tuned in to [Twitter](#)
- or instantly on [Instagram](#).

Have you heard of Shared Lives?

Our Lives get better when they're shared

Herefordshire Shared Lives is a Care Quality Commission (CQC) registered service

provided by Herefordshire Council. Shared Lives is a highly personalised form of care that supports people



For more updates, follow us on [Facebook](#), [Twitter](#) and [Instagram](#).

If you do not wish to receive emails from Talk Community, you can [unsubscribe](#).

Alternatively, please email talkcommunityengagement@herefordshire.gov.uk

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