



Newsletter

21 November 2024

Eligible families can now book free holiday activities for school aged children (book today)

The Here for Herefordshire Holidays programme is now open. Children aged 5 to 16 who receive benefits related free school meals can now book up to 4 free activity sessions to enjoy throughout the Christmas holidays. There's a whole host of fun activities on offer, with something for everyone and each activity includes a free, healthy meal.

Eligible families can book their places through the holiday activities page on the [Talk Community website](#). Places are limited so book today to avoid disappointment!

For more information on the programme contact HAF@herefordshire.gov.uk



The Here for Herefordshire Holidays programme is funded by the Department for Education.

Become a Baton-bearer – Baton of Hope 2025

In October 2025, Herefordshire will host the Baton of Hope, the UK's largest suicide prevention initiative. As part of this event, we are seeking Baton-bearers – individuals who have been personally affected by suicide, whether through their own experiences or the loss of a loved one. Baton-bearers play a vital role in this initiative, and we invite you or anyone you know who might be interested to participate in this special day, dedicated to changing the narrative surrounding suicide.

To find out more, or to apply to become a Baton-bearer visit [the Baton of Hope website](#).

Applications close on 31st January 2025.



Keeping well in winter

Winter has certainly made itself known this week and we hope you have managed to stay warm and well. We have a whole page dedicated to [keeping well in winter](#) to help support you (and those in the community) jam-packed with information and advice.

The Talk Community team will be out about this winter, supporting organisations and events, with information and signposting around the cost of living, keeping warm and pension credit. If you would like more information to support your local community, or would like us to visit your organisation, please do get in touch by emailing talkcommunityenquiries@herefordshire.gov.uk

This week, we will be popping up at the Lion Café and Hub in Kington, on Friday 22nd November 12pm-2pm – do pop in and say hi!



Herefordshire
Council

TALK COMMUNITY

KEEPING WELL IN WINTER

DROP IN EVENT

COME ALONG AND RECIEVE SUPPORT, INFORMATION,
SIGNPOSTING AND ADVICE ON:

COST OF LIVING

PENSION CREDIT

WINTER PREPARATIONS

+ MORE

Pyjamas and fluffy socks (warm and cosy)

The hvoss team are collecting new pyjamas and fluffy socks to give to children and young adults in Herefordshire, who may need a little extra TLC this Christmas.

So while you're out doing your Christmas shopping, why not grab a few extra pairs of socks, pyjamas or night wear? Please bring your donations to hvoss on Broad Street, Hereford (next door to Greggs) before 8th December.



White Ribbon Day 2024

White Ribbon Day 2024 will take place on Monday 25th November. White Ribbon Day is a day when across the UK men can come together as allies, to show their commitment to ending violence against women and girls, and to take positive action to transform harmful cultures.

On Tuesday 26th November, Talk Community will join with a number of other organisations to support the White Ribbon inclusion event at Maylord Shopping Centre in Hereford. Come along and see what services are available in your area for victims and survivors of crime, or for anyone wishing to find out more about the White Ribbon campaign. WMWA (West Mercia Women's Aid) Choir will be performing at 10.30am, there will be free activity packs for children, takeaway snacks, safety devices on request and canapes from the Living Room served at 11.30am.

To learn more about the White Ribbon campaign, please [visit their website](#).



END MEN'S VIOLENCE AGAINST WOMEN



whiteribbon.org.uk/promise

White Ribbon UK

A call out to people from under-represented communities



Worcester - Monday 25 November 2024: 11am-2pm
The Guildhall, High Street, Worcestershire, WR1 2EY

Hereford - Tuesday 26 November 2024: 10.30am-2pm
Social Prescribing Hub, Maylord Shopping Centre, Maylord Street, Hereford, HR1 2DT

Telford - Thursday 28 November 2024: 9am-2.30pm
Leegomery Community Centre, Leegate Avenue, Telford, TF1 6NA

Shrewsbury - Friday 29 November 2024: 9am-2.30pm
The Lantern, Meadow Farm Drive, Harlescott, Shrewsbury, SY1 4NG

Come along to see what services are available in your area for victims and survivors of crime.

Discover the Dementia Road Map

If you are living with dementia, or care for someone living with dementia, [the Dementia Road Map](#) is a must-know resource! This easy-to-use website is packed with details on clubs, activities, and support services in Herefordshire, helping to connect individuals and their families with what they need.

We're keen to spread the word among health and care professionals and encourage patients and the public to use this tool to navigate the support available in their area.

If you would like to talk to someone about any of the content, or know about a service or group you feel should be included in the Road Map, please contact Jacinta.meighan-davies@nhs.net



What's new on the Talk Community Directory?

With the frost nipping at our noses and a sprinkling of snow making everything look magical, it's the perfect time to get out and about—and maybe even discover something new. From brisk wellbeing walks to warming kitchen meetups, there's plenty to keep you moving, learning, and connecting.

Bundle up and see what's new this week on the Talk Community Directory:

[Tuesday morning kitchen](#)

[Colwall Ramblers Weekly Wellbeing Walk](#)

[Newton Farm Ramblers Weekly Wellbeing Walk](#)

[Bromyard Ramblers Weekly Wellbeing Walk](#)

[Sibs - Siblings group leader training](#)

Our socials are a great way to keep in touch with what's on too, whether you're

- a [Facebook](#) fan
- tuned in to [Twitter](#)
- or instantly on [Instagram](#).

Herefordshire Cares Do you want to make a difference to people's lives every day?
Working in social care is a rewarding career – to find out more about a career in adult social care, visit the [Herefordshire Cares website](#).

For more updates, follow us on [Facebook](#), [Twitter](#) and [Instagram](#).

If you do not wish to receive emails from Talk Community, you can [unsubscribe](#).
Alternatively, please email talkcommunityengagement@herefordshire.gov.uk