



Newsletter

6 June 2024

Volunteers' Week – a time to say thank you

It's [Volunteers' Week](#), a chance to recognise and celebrate the amazing contribution that volunteers' make to both society as a whole and our local communities. Across Herefordshire volunteers' play a vital role in understanding and meeting local needs, supporting many of the services we rely on in the community.

Volunteers Week offers the perfect moment to say a big thank you to all of the amazing people who volunteer across Herefordshire and in our [Talk Community hubs](#).

If you'd like to find out more about volunteering, visit the [Volunteering page on the Talk Community Directory](#).



Thank You, Volunteers



#VolunteersWeek

Become a Halo Hero

Halo Leisure is looking for enthusiastic volunteers to help promote healthier, more active lifestyles in the community. Whether it's supporting swimming lessons, helping on the cycle track, or being a gym buddy to those who find exercising challenging, volunteers are guaranteed to make a difference with Halo, and gain invaluable experience.

Other benefits include flexible hours, ongoing training, rewards, cashback, and paid expenses!

To learn more and to register, [visit the Halo Leisure website.](#)



VOLUNTEERS

We need you!

**Become a Halo
volunteer and help
your community
get active!**

Fun and flexible volunteering
opportunities available **NOW**
(& loads of benefits for you!)



Charity Film Screening this weekend

Come along this **Saturday, 8 June, at 5.15pm** for a special charity film screening of "Someone's Daughter, Someone's Son" at The Courtyard, supported by Hereford Elgar Rotary. Directed by Lorna Tucker, this powerful documentary sheds light on homelessness as Tucker revisits areas where she once slept rough to interview those still living on the streets.

All ticket sales will support The Living Room, Herefordshire Veterans Support Centre, and include tea/coffee and a cake before the screening.

To book a ticket, call the Box Office at 01432 340555, or [visit the Courtyard website](#).



Peer Support for Parents/Carers in Bromyard

A new [peer support group for parents/carers](#) will launch in Bromyard on Tuesday 18th June. The group aims to support parents and carers who care for a child or young person who is experiencing mental health difficulties or exploring neurodivergence. The sessions are organised by Herefordshire Mind and will give parents/carers an opportunity to find support, make new friends and hear from guest speakers who will present on key topics such as Autism, SEN processes, LGBTQIA+ and community support.

The sessions are free to attend. To book your place, or to find out more contact chloe.holder@herefordshire-mind.org.uk



Carers' Week and beyond - a month of raising awareness and celebrating communities

June has become a month where many communities are celebrated and many important issues are brought to the fore, as a wealth of awareness days and weeks are scattered throughout the month. Keep your eyes peeled on our website and social media for more information about some of the awareness days, including loneliness awareness week, diabetes awareness week, refugee week and learning disability awareness week to name just a few!

Carers Week will take place 10th – 16th June. [Visit the Talk Community Directory](#) to find out more about Carers Week and what events are taking place across Herefordshire.

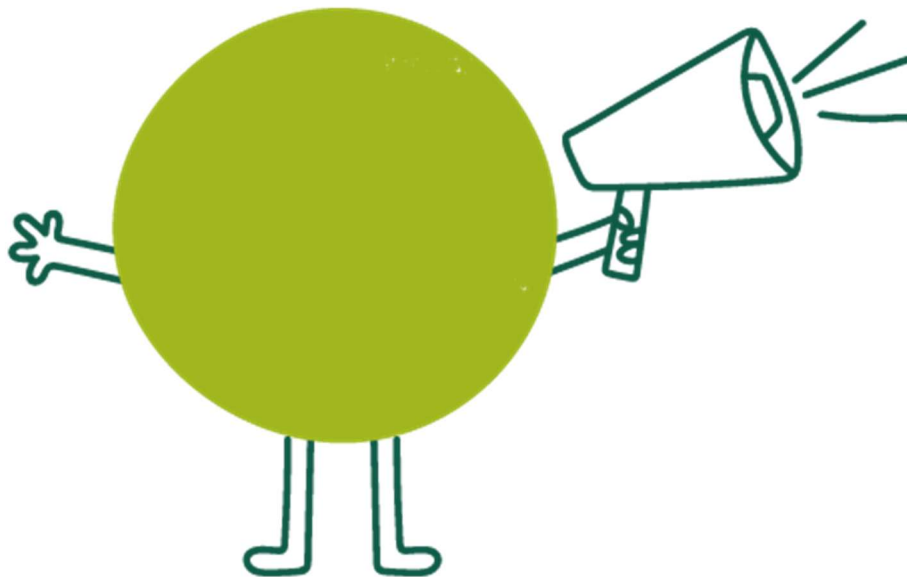


Promote your event free of charge on the Talk Community Directory

If you're organising a local event or series of activities in Herefordshire over the coming months, we would love to hear from you. You can upload your events directly, by heading over to our [what's on calendar](#) and click on the 'Add an event' button.

There's a short form to complete, where you can describe what your event/activity involves, and add contact details, venue and cost. Be sure to click on "Set date", to include the date(s) of your event/activity. Once the Talk Community Directory team receive your form, we'll add the event to the calendar. Alternatively, you can email us on:

Talkcommunityengagement@herefordshire.gov.uk



What's new on the Talk Community Directory?

Summer is finally upon us (we hope!), and the welcoming warmth of June is certainly putting a smile on our face as we promote this month's themes of support, care, and pride within our communities. If you fancy getting out and about, trying something new, or finding ways to be a helpful member of your community, then look no further than the Talk Community Directory!

[Our 'What's On' page](#) is always being updated with new events and activities, along with [our 'Services and Groups' page](#).

Here's what's new this week:

[Drama 4 Change](#)

[Severn Wye and Carers of Herefordshire](#)

[Parent/Carer Peer Support with Herefordshire Mind](#)

[Become a volunteer foster carer for Cats Protection Lifeline](#)

[Dance Theatre Summer School](#)

[Wee Summer School](#)

Our socials are a great way to keep in touch with what's on too, whether you're

- a [Facebook](#) fan
- tuned in to [Twitter](#)
- or instantly on [Instagram](#).

Herefordshire Cares Do you want to make a difference to people's lives every day? Working in social care is a rewarding career – to find out more about a career in adult social care, visit the [Herefordshire Cares website](#).



**BRINGING
HEREFORDSHIRE
TOGETHER**

For more updates, follow us on [Facebook](#), [Twitter](#) and [Instagram](#).

**If you do not wish to receive emails from Talk Community, you can [unsubscribe](#).
Alternatively, please email talkcommunityengagement@herefordshire.gov.uk**