



Newsletter

20 July 2023

Bosbury Brew to Meet at the Gate, Burley Gate

It's all about the Bs this week, as we welcome two new Talk Community hubs on board (catchy names too). They're all about meeting friends, old and new.

Bosbury Brew is a free to use café in the heart of the community. Every Tuesday from 12.30pm to 3pm at Bosbury church, there's time to chat, have some soup (with a toastie sounds good) whilst also offering a quiet space to sit, with the offer of information and signposting.

Meet at the Gate, Burley Gate's hub, is on the second and fourth Thursday of every month, from 10am to 12.30pm, at Burley Gate Village Hall (with tea and cake of course).

To find out more about all of our hubs, visit the [Talk Community Directory](#).



Whilst we're talking about hubs...

The closing date for Expressions of Interest for the Hubs Capital Grant Scheme (Super hubs) is now **Monday 31 July 2023**, which means you have a little longer to complete the form now. We look forward to hearing from you.

[For more information about the grant scheme, visit the Talk Community Directory.](#)

If you have any specific queries that you would like to chat through, please contact the Talk Community Development team by emailing: hubscapitalgrantscheme@herefordshire.gov.uk



Summer play activities on a shoestring

We mentioned last week to watch this space for some great ideas of how to play on a shoestring over the summer holidays. Well here it is, our lovely activity pack for your little ones. [Download the Summer activity pack.](#)

From a scavenger hunt that takes you on a discovery to find a yellow bike, sunflower and apple tree. To creating an amazing adventure story and even making your very own puppet show (from an empty cardboard box). It's often the simplest ideas that can create the biggest adventures, with a splash of imagination.

“Playing on a shoestring” is the theme for National Play Day on Wednesday 2 August, making every day an adventure, with low-cost or no-cost play adventures that children can enjoy at home and in our communities.

If your group or organisation has an activity or event taking place on or around Play Day, we'd love to hear about it.

E-mail us at talkcommunityengagement@herefordshire.gov.uk and we'll add your activity on to our [Summer family activities list](#).



Halo teen fit hit summer pass

Young people will be jumping for joy over this one, a way to have fun whilst keeping active over the summer break.

Halo have a great offer for 12-17-year-olds during the summer holidays, giving them unlimited access to Halo's leisure facilities, for a one-off payment of £30.

We're talking the gym, golf and swimming through to group exercise classes, athletics track (lace up those trainers), and the spa/sauna and steam room (latter is for ages 16 and above).

This offer is available to all teenagers in Herefordshire. The pass can be purchased from your local centre or by calling **01432 842075**, and will be active between 24 July and 3 September (6 weeks of fitness fun).

For more information, visit the [Halo website](#).



Do you know what your children are doing online this summer?

What's almost certain is that they'll be going online more than in term time, to keep in contact and chat with their mates, and loads of other things that kids use the internet for.

[Get Safe Online](#) have some easy-to-follow guidance to help your children enjoy a safe and confident experience online; and how to get a good balance between a degree of parental monitoring and control and education.

From safe browsing, family filters, and downloading apps from recognised sources, to simply chatting regularly with your children about what they do online, and getting them to show you.

It's a skill in itself to keep up-to-date with technology, but it's well worth staying familiar with new games and social media trends. Being able to steer children towards safe searching, websites and apps, recognising signs that something's not right, and taking notice of any age limits (they're there for a reason).

These are just a few of the tips which came across from our local Neighbourhood Matters weekly update this week (so useful). If you'd like more information like this, [sign up to Neighbourhood Matters](#).



Have you heard about SEND newsletters?

These newsletters are co-produced by Herefordshire Council, Parent Carer Voice Herefordshire and Herefordshire Integrated Care System (ICS). They provide easy access to key information and updates for families of children and young people with Special Educational Needs and Disabilities (SEND).

The latest edition is packed with information, from details about free training for parents/carers, an update on short breaks through to details about lots of local providers' summer programmes.

There's regular news from Parent Carer Voice Herefordshire, SENDIASS and the Learning Disability Partnership Board, along with introducing different services and awareness about consultations and surveys.

The SEND newsletters are a brilliant way to keep up-to-date and connected if you, or someone you know, is supporting a child with Special Educational Needs and Disabilities.

[Visit the Talk Community Directory to have a look at the latest edition of the SEND newsletter.](#)

Herefordshire SEND Local Offer also has a brilliant, bright [Facebook page](#).

Herefordshire SEND Local Offer



What's new on the directory?

With our “Summer activity pack” and the SEND newsletter, there’s been a lot of activity on our directory this week.

It’s now that time of the newsletter to take a peek at what’s new on our [What’s on calendar](#), to enjoy across the summer holidays:

[Preloved school uniform GiveAway](#) – 29 July
[Wildplay at Ewyas Harold](#)

Our newsletter is taking a little summer break of its own next week – we’ll return in a fortnights time.

Herefordshire Cares

Do you want to make a difference to people's lives every day? Working in social care is a rewarding career – to find out more about a career in adult social care, visit the [Herefordshire Cares website](#).